

Orthopaedics  
Oncology

Medicine  
Dermatology

Soft Tissue Surgery  
Specialist Imaging

Cardiology  
Anaesthesia

Neurology  
Physiotherapy

Dentistry  
Pain Clinic

### Discharge Sheet: TPLO Surgery

Name: Scooby Doo	Case Number: 0000001
Date of Surgery:	Date of Discharge:

Scooby case presented with hindlimb lameness due to rupture of the cranial cruciate ligament in the left stifle (knee). This has been treated with a tibial plateau levelling osteotomy (TPLO) procedure, which alters the orientation of the articular surface of the tibia to stabilise the joint. The cut tibia is stabilised with a plate and screws whilst the bone heals (typically this takes 6-10 weeks). It is very important that Scooby Doo is rested appropriately during this time to avoid problems with bone healing.

Some dogs develop a soft fluidy swelling around the hock (the joint below the surgery site) a day or two after surgery. As long as this is soft, not hot, and is walking ok on the leg and is not bothered by the swelling this is of no concern and will resolve within a few days.

#### Exercise:

- First 4 weeks: please restrict Scooby Doo to slow 5-minute walks on a short lead, 2-3 times daily. From week 5 onwards: slow 10 minute walks on a lead, 2-3 times daily.
- Until advised otherwise, Scooby Doo must only be allowed in the garden on a short lead, for toilet purposes
- Please make sure Scooby Doo is not allowed to play with other dogs, run around the house, go up/down stairs or jump on/off furniture during this time. Active dogs are best confined to a kennel or single room of the house.
- Scooby Doo should bear weight on the affected limb within a few days of surgery; if is still hopping on the leg 5 days after surgery please call me
- You should notice a gradual but steady improvement in how Scooby Doo uses the leg; if at any stage there is any deterioration in how Scooby Doo uses the leg, or any concerns regarding the wound, please call me

#### Medication:

- Metacam (meloxicam): 50kg dose by mouth, with food, once daily for 10 days, or longer if necessary. If you notice vomiting/diarrhoea, stop & seek veterinary advice
- Rilexine (cefelexin 300mg): Two tablet twice daily for 7 days

Non-licensed medications (these are only used when there are no veterinary licensed products available)

- Trazodone (100mg capsules): Give two capsules three times daily to reduce stress and anxiety

**Extraordinary People**  
**Exceptional Care**

Linnaeus Veterinary Limited trading as  
Anderson Moores Veterinary Specialists

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- Paracetamol (500mg tablets): Give two tablets three times daily if needed for additional pain relief

#### Wound care:

- Scooby Doo must wear a cone at all times until the wound is healed to prevent any licking, this is likely to take around 10-14 days.
- Scooby Doo must not be allowed to lick, rub or scratch at their wound. There is a light plaster over the wound which may peel off over the next few days, this does not need to be replaced. You should check that the wound is not red or discharging.

#### Re-examinations:

- The stitches are buried and dissolvable. The wound should stay dry and sealed. Please email a photo and brief update to [ortho@andersonmoores.com](mailto:ortho@andersonmoores.com) in 10 days or sooner if you have concerns. Please ensure Scooby Doo does not lick the wound in the meantime – if necessary you may need to use a 'Buster'/elizabethan collar
- A re-examination appointment has been made for you at Anderson Moores in 6-8 weeks time on ..... at ..... Most dogs do not require further x-rays at this appointment. However in some cases they are needed so please do not feed Scooby Doo on the morning of this appointment (water can be provided right up until the appointment time)

Stifle osteoarthritis (OA) is inevitable following cruciate injuries, although it usually does not cause a big problem. To minimise the long-term impact of OA you should keep Scooby Doo at a lean body weight.

If Scooby Doo was sent home with a small bandage on a leg over his IV catheter site, this can be removed after 2 hours. If in doubt please contact us.

If you have any concerns or questions at any stage please call/email us

We recommend consulting a veterinary physiotherapist during Scooby Doo's recovery. Clinics are held at Anderson Moores – please ask for details

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