

## Discharge Sheet: Total Hip Replacement

Name: 'Scooby Doo'                      Case Number: AM000001

Scooby Doo has had a cementless total hip replacement. A cup has been placed in the pelvis and a stem in the femur (thigh bone) to replace the hip joint. It is very important that Scooby Doo is rested appropriately postoperatively to avoid complications, such as dislocation of the new hip, fracture of the femur and loosening of the cup/stem, all of which are most likely in the first 8 weeks after surgery.

### **Exercise:**

- Until we advise you otherwise: Scooby Doo should be confined to a kennel or small room of the house without furniture. It is essential that Scooby Doo is not allowed to play with other dogs, run around the house, go up/down stairs or jump on/off furniture.
- Until we advise you otherwise: Please restrict Scooby Doo to 5-minute walks out to the garden, on a lead, 3-4 times daily for 8 weeks. Initially, when Scooby Doo is not so confident on the leg, you should walk him out with a rolled up towel under the belly to provide support should she slip. Please avoid slippery floors such as laminate flooring and if this is not possible please place mats/old carpet down to avoid Scooby Doo slipping.
- Scooby Doo should be bearing weight on the affected limb at discharge, and this should only improve with time. If he starts hopping on the leg or becomes more lame please call us. Scooby Doo should be walking almost normally by a week after surgery; please let us know if this is not the case.
- If there are any concerns regarding the wound, please call us

### **Medication:**

- Metacam (meloxicam): 65 Kg dose by mouth, with food, once daily for 7 days or longer if necessary. If you notice any vomiting or diarrhoea stop and seek veterinary advice.
- Tramadol (100mg capsules): 1-2 capsules twice daily as required for additional pain relief
- Rilexine (cefelexin, 600mg tablets): 2 tablets twice daily for 10 days, finish the course

### **Re-examinations:**

- Please arrange for your local vet to examine Scooby Doo and remove the skin stitches from 10 days after surgery. Scooby Doo must not be allowed to lick/clean the wound in the meantime –a 'Buster'/Elizabethan collar will be required to prevent this.
- Please arrange a re-examination at Anderson Moores in 8 weeks time. At this appointment we will need to sedate Scooby Doo for x-rays so please do not feed Scooby Doo on the morning of this appointment (water can be provided right up until the appointment time). Further fees will apply at this time.

**If Scooby Doo was sent home with a small bandage on a leg over his IV catheter site, this can be removed after 2 hours. If in doubt please contact us.**

**If you have any concerns or questions at any stage please call/e.mail us**

**We recommend consulting a chartered veterinary physiotherapist during Scooby Doo's recovery. Clinics are held at Anderson Moores –please ask for details**

**Andy Moores** RCVS Recognised Specialist in Orthopaedics, European Specialist in Small Animal Surgery